

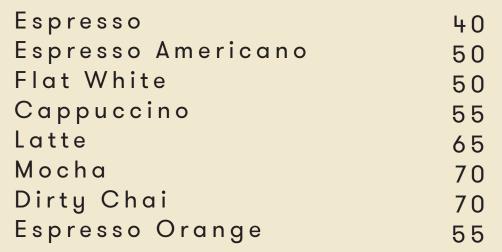


The foundation of health begins with what we eat.

Motivated to consciously cultivate the fruits of the Earth, we are passionate about crafting nutrientrich food and beverages that nourish our community's well-being and sustain the planet.

COFFEE BAR

ESPRESSO BAR



BREW

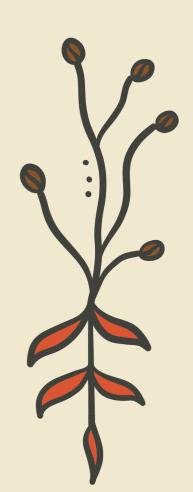
Pour	Over	(Americano)	65
Cold	Brew		5 5
Cold	Brew	Latte	60
Cold	Brew	Tonic	65
Cold	Brew	Amamba	65
Cold	Brew	Seasonal	65

NO COFFEE · · · · · · · ·

Tea (variety)	55
Matcha Latte	70
Chai Latte	70
Hot Chocolate	65
Natural Golden Milk	70

Nondairy milk + 10 Make it iced + 10 Bring your own cup - 5





FUNCTIONAL JUICES

1 ONO HONAL GOIOLO	
Ginger Green kale, spinach, celery, melon, orange, ginger	5
Sweet Green spinach, pineapple, celery, basil, apple	5
Green Pro spinach, kale, spirulina, celery, green, green pepper, cucumber, apple	5
Vitamin C grapefruit, pineapple, carrots, orange	0
Beet's Heart 8 spinach, celery, orange, pineapple, beet	5
Daily Detox 8 celery, carrot, orange, ginger	0
Antiox Energy 9 orange, banana, strawberry, blackberry	5
Hydrating Remedy watermelon, papaya, melon, lemon, spearmint, orange	5
Muscular Recovery 9 pineapple, turmeric, watermelon, carrot	0
Entire Garden spinach, apple, beet, green pepper, carrot	0

SIMPLE JUICES

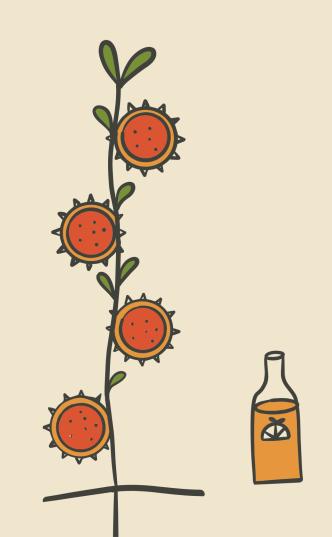
Orange Juice	55
Carrot Juice	55

SHOTS

Ginger	50
Shot Pro	55
turmeric, grapefruit, ginger, cayenne pepper	

OTHER BEVERAGES

Seasonal Soda	55
Water of the day	45
Mineral / natural water	40



SMOOTHIES	
Cold Brew banana, peanut butter, cocoa nibs, cold brew, coconut milk	90
Tropical Green avocado, spirulina, spinach, pineapple, date, coconut milk	115
Açaí banana, blueberry, pineapple, açaí, almond homemade milk	125

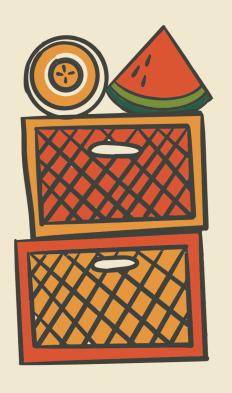


Matcha Mango	125
dates, avocado, cardamom,	
matcha, mango, almond milk	

Cacao Protein	130
peanut butter, banana, avocado, cocoa nibs,	
vegan protein, soy milk	

Protein Blackberries	135
strawberry, blueberry,	
banana, hemp, vegan protein,	
coconut milk	





FOR FOOD

BREAKFAST.Gaspacho			
Moreliano watermelon, cucumber, pineapple, jicama, cotija cheese, chili powder choose juice: orange - green -	90 red	Toast Amamba avocado, arugula, roasted red pepper dip, sourdough bread and seasonal salad Extra protein: egg with	165
Yogurt with compote seasonal fruit, yogurt, homemade granola and compote	110	Chilaquiles Cascabel tortilla chips, cascabel chile sauce, cotija cheese, avocado, cream and onion	155
Golden Oats cooked with turmeric, cardamom, ginger and cinnamon; served with seasonal fruit and home-made peanut butter	130	Extra protein: egg +15 or chicken +35 Pancakes oatmeal with blueberries mascarpone, maple, seasonal fruit and homemade compote	170
Açaí Bowl smoothie: açaí, banana, berries, coconut milk toppings: banana, blueberry, strawberry, granola, dates	165		



FOOD

Roasted Red Pepper Dip 120

155

served with sourdough ciabatta

Citrus Chicken Salad

mixed greens, citrus fruits, avocado, cherry tomato, caramelized pepita, chicken, ginger dressing, onion

Grilled Cheese Sandwich 135

pomodoro sauce, cheddar, cotija, mozzarella, brioche bread

Chicken Pesto Sandwich 155

tomato, mozzarella, spinach, grilled chicken, homemade pesto, brioche bread

Panini Grilled Vegetables 145

eggplant, green pepper, pumpkin, tofu, pomodoro sauce, sourdough bread

185

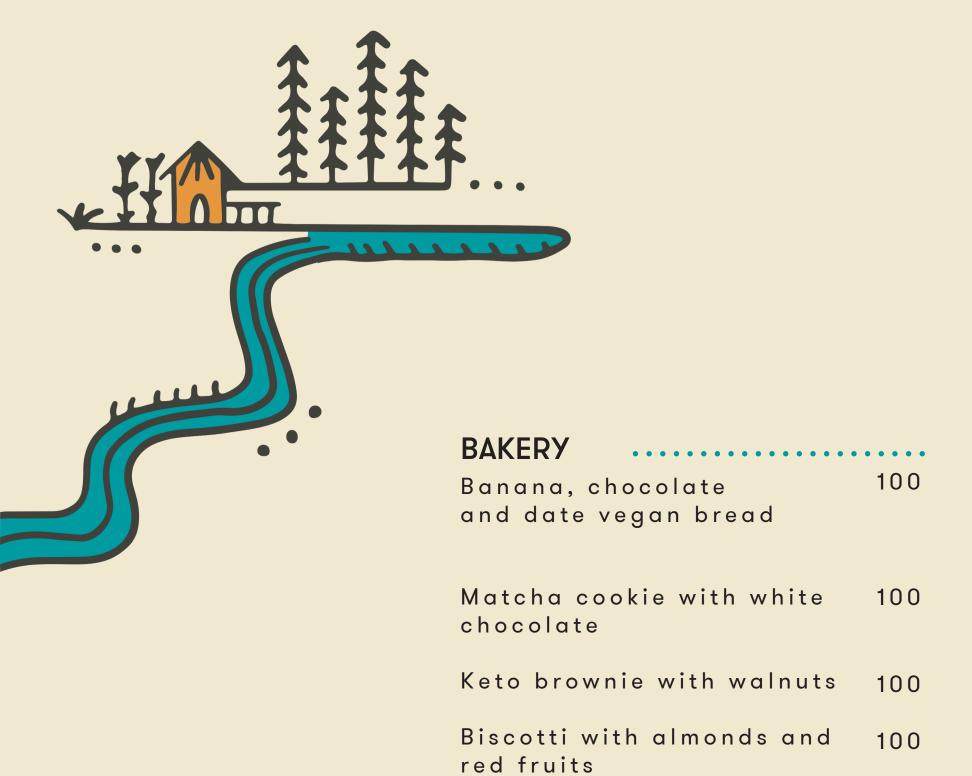
170

Panini Serrano Ham

spinach, dip of mascarpone garlic and honey, apple, serrano ham, sourdough bread

Panini Roast Beef

dijon mustard, roast beef, caramelized onion, sourdough bread





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